Knit Specs: Approximately 190 grams/365 yards Cascade Ecological Wool (Heavy Worsted) and US10 Needles

Gauge: Not Critical (About 3.5 sts=1” in pattern materials)

Skill Level: Beginner to Intermediate Beginner

Finished Size: About 5" wide by 63" long

Pattern

Beginning Border
CO 12 sts
R1 (RS) - k2, p2, k4, p2, k1, sl 1 wyif
R2 (and all WS) - k1, sl 1 wyif, k2, p4, k2, p2
R3 and R5 – Rep R1
R7 – k2, p2, k1, RT, k1, p2, K1, sl 1 wyif

Repeat rows 1 through 8 until approximately 5.5 inches in length. BO in pattern at desired length. TIP: This is a complicated way to have to say throw in a RT on the middle 2 sts every 6th RS row.

TIP I wasn’t sure how many rows the horizontal border would need to be. I knitted the beginning border to a certain length, but didn’t bind off. I kept the border stitches live while I was picking up. Good thing too, because I needed to knit another couple rows. I did the BO after this, and then finished picking up.

Abbreviations
k - knit
p - purl
sl - slip stitch
st(s) - stitch(es)
wyif - with yarn in front
RT - right twist (k2tog leaving sts on left hand needle; then k first stitch again; slip both sts off needle)
C6LC - 6-st left-crossing cable (sl 3 sts to cable needle (cn) and hold to front, k3, k3 from cn)
C6RC - 6-st right-crossing cable (sl 3 sts to cn and hold to back, k3, k3 from cn)
BO - bind off/cast off
**Scarf Body**

Pick up and knit 34 stitches from right side of beginning border, then begin with R1. You want the slip-stitch double knit border to be the “free” side that will be the end of the scarf.

*TIP* Be sure and pick up a stitch right at each corner of the border for a smooth join.

R1 (RS) - sl 1 wyif, k1, p2, k2, p2, k18, p2, k2, p2, sl 1 wyif

R2 (and all WS) - k1, sl 1 wyif, k2, p2, k2, p18, k2, p2, sl 1 wyif, k1

R3 - sl 1 wyif, k1, p2, RT, p2, [k3, (C6LC 2X), k3], p2, RT, p2, k1, sl 1 wyif

R5 – Rep R1

R7 - sl 1 wyif, k1, p2, RT, p2, (C6RC 3X), p2, RT, p2, k1, sl 1 wyif

Repeat Rows 1-8 until desired length. BO loosely in pattern.

*TIP* There will appear to be holes between adjacent cables in the row or two after they are crossed. This is normal and will be disguised and you continue in the pattern. As always when knitting cables, though, be sure and knit the first and last stitch of a cable snugly to avoid gaps and loose stitches.

**Ending Border**

Knit same as Beginning Border. When border is same number of rows as the beginning border, BO in pattern.

Seam stockinette edge to end of scarf. The actual ends of the scarves should both be the slip-stitch double knit edge.

*TIP* To ensure a smooth and even join, baste (pin) to ending border to the scarf before seaming.

**Finishing**

Block as per yarn directions.

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**Small print**

“Braided cable” and “right twist” patterns adapted from Nicky Epstein’s *Knitting on the Edge*. Slip-stitch double knit selvage adapted from Annie Modesitt’s Backyard Leaves pattern in Pam Allen’s *Scarf Style*. It should be noted that the no-cable needle method was also ingeniously developed by Annie Modesitt.

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